SNAP Screening Tool for Fetal Alcohol Spectrum Disorders*

S	Self-r	egulation
		Impairment in mood or behavioral regulation (hyperactive; difficulties with sleep; overly sensitive to
		sounds, light or touch)
		Attention deficit (difficulty shifting attention; difficulty sustaining mental effort; past diagnosis of ADHD)
		Impairment in impulse control (impulsive, does not think before acting; difficulty waiting turn or with
		rules; aggressive, risky behavior; needs constant supervision; lies; steals; school suspensions;
		inappropriate sexual behavior)
N	Neuro	ocognitive Function
		Impairment in global intellectual performance (IQ of 75 or below)
		Impairment in executive functioning (poor planning/organization; difficulty following directions;
		inflexible, difficulty with transitions; difficulty learning from experience, repeatedly makes the same
		mistakes)
		Impairment in learning (requires repeated exposure to learn new concepts; lower academic achievement
		than expected for intellectual level; specific learning disability; placement in special education; grade
		retention)
		Memory impairment (can't remember one day or one minute to the next; difficulty carrying out multiple
		step commands)
		Impairment in visual–spatial reasoning (disorganized drawing; difficulty copying simple visual patterns,
		aligning numbers in columns, differentiating left from right, up from down)
A	Adaptive Function	
		Communication deficit (speech delay; auditory comprehension disorder; difficulty following conversation
		or understanding directions)
		Impairment in social communication and interaction (acts young for age; overly friendly with strangers,
		poor interpersonal boundaries; difficulty reading social cues; easily led by others, gullible or naïve;
		difficulty interacting with friends/peers)
		Impairment in daily living skills (difficulty with activities of daily living, daily schedule, time, money,
		appointments, employment)
		Impairment in motor skills (fine or gross motor delay; difficulties in coordination, accident prone;
		discoordination)
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P	Prena	tal Exposure to Alcohol
		Confirmed prenatal exposure (list source of confirmation)
		Unconfirmed but with risk factors for prenatal alcohol exposure
		 Placement in foster care or primary guardian other than the child's mother
		 Early childhood behavioral and school difficulties
		 Low birth weight, poor growth in weight or stature
		 Child/sibling born with positive urine toxicology to illegal drugs
		History of homelessness, domestic violence, parental psychiatric illness
1		Late, inconsistent or no prenatal care
		Indeterminate (no available records or prenatal information available) No known prenatal alcohol or other drug exposure (list source of information)

*Confirmed or suspected prenatal alcohol exposure and a check in two or more domains qualifies as a positive screen