



# AAP SOMSRFT REPORT

SECTION ON MEDICAL STUDENTS, RESIDENTS AND FELLOWSHIP TRAINEES

District II: New York State

April 2009

## CONGRATULATIONS to the graduating medical students, pediatric residents and fellowship trainees of 2009!



*Dr. Marc Lashley, giving important pointers to graduating residents during his “Sailing into Practice” lecture.*

**If you’re a resident who aims to practice primary care pediatrics, but don’t know how and where to begin, please read on!**

There exists a very informative lecture series from the AAP, which may be able to help you! “Sailing into Practice”<sup>1</sup> is a lecture series that deals with transitioning from residency to primary care practice. These lectures are given by co-founders Dr. Marc Lashley<sup>2</sup> and Dr. Brad Fell, who are also co-chairmen of the Chapter 2 (District II) Residents’ Needs Committee.

“It all started in 2000,” says Dr. Lashley “as a means to reach out to the Chapter 2 pediatric residents and encourage them to join the AAP.” Since then, the series has successfully continued on, and has been occurring bi-annually.

The first course is held in the fall/winter, and explores how to choose the right pediatric practice after residency. The residents are presented with introductory questions such as, “What kind of practice do you want? What are you looking for?” followed by pointers on how to find a practice, how to evaluate job offers (call, size, money, hospitals, insurance, etc), how to win contract negotiations (money, malpractice, tail insurance, etc), and other important questions that you should ask a potential employer.

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## **What’s New From the AAP: PedJobs Job Seeker Site Enhancements**

Test drive the new features and enhancements that will give job seekers robust tools for creating a professional presentation for potential employers:

- ◆ Professional Profile - Create a professional presentation of your qualifications.
- ◆ Searchable Portfolio - Increase your exposure in an employer's search.
- ◆ Job Application Preview - Have more control by previewing your applications.
- ◆ Tighter Confidentiality - Take comfort in stricter confidentiality rules.

Do what you love. Sign up for a free job seeker account today at [www.PedJobs.org](http://www.PedJobs.org).



## Sailing into Practice *(continued from page 1)*

To supplement this lecture is an attorney who comes in and gives legal advice about employment contracts. A brief Q&A portion then follows. The second course is held in the spring, and tackles the basics of Current Procedural Terminology (CPT) coding. This course ends with sample cases that allow the residents to practice their newly found knowledge in coding. Both courses are conveniently held after-hours, as dinner meetings. Invitations are sent out to the program directors of the 11 teaching programs within Chapter 2, for them to send their second and third year residents to attend. On occasion, Dr. Lashley and Dr. Fell have also been invited to give lectures during AAP resident section meetings.

“[It was] a nice evening with a lot of good information,” comments Christopher Strother, who attended the “Choosing A Practice” Course at the AAP Resident Section Annual Assembly in 2007 as the chairperson for the residents’ section. “Marc has been a great asset for the residents in his chapter for years now. The residents are happy to have someone in the AAP spend so much time and energy, helping them with an issue that can be so difficult for so many residents. It’s a great role for the AAP to provide education for residents outside of what they ordinarily get in their residency curriculum.”

Since its founding more than seven years ago, “Sailing into Practice” has continued to stand out as a testament to the generous support that the Academy provides its younger colleagues. Residents have remained very grateful and receptive to this educational experience that prepares them for “the nuts and bolts of the real world,” with high hopes of encountering nothing but “clear, blue skies and smooth sailing ahead” as they begin their journey into pediatric practice.

<sup>1</sup>“Sailing into Practice” is funded by grants provided by Sanofi-Aventis and Ross/Abbott Nutrition.

<sup>2</sup>Dr. Marc Lashley is a general pediatrician in Valley Stream, NY. For more information on “Sailing into Practice,” you can email him directly at [vspeds@optonline.net](mailto:vspeds@optonline.net).

## What’s New From the AAP *(continued from page 1)*

### Resident Initiative Fund International Elective Awards

Each academic year the American Academy of Pediatrics (AAP) will have a minimum of twelve, five-hundred dollar (\$500.00) awards to be given in **two cycles** (number awarded per cycle will be at the discretion of the review committee) to categorical or combined-training pediatric residents who wish to complete a clinical pediatric elective in the developing world during residency. Awards are given solely on the basis of the application and an accompanying letter from the applicant's program director. The selection committee is composed of members from the AAP Section on International Child Health and the AAP Section on Medical Students, Residents and Fellowship Trainees.

The International Elective Awards will be given within two cycles, due **September 15** and **March 15**. Recipients of the September cycle will be notified by November 30 and recipients of the March cycle will be notified by May 31 each year. The online application will be available year round at

[http://www.aap.org/sections/ypn/r/funding\\_awards/intertravelgrant-form.html](http://www.aap.org/sections/ypn/r/funding_awards/intertravelgrant-form.html)

For more information, contact **Kimberley VandenBrook** ([kvandenbrook@aap.org](mailto:kvandenbrook@aap.org)), Program Coordinator Resident Initiatives, or 800/433-9016 ext. 7134.

### FREE Pediatric Leadership Alliance Module

Make sure you are taking advantage of the **Pediatric Leadership Alliance FREE online module**.

With every human interaction, you are leading or following another's lead. Leadership occurs at all levels, positions and circumstances. You are invited to learn more about pediatric leadership in a free trial of this course. Begin by assessing your own leadership skills and discover the tools that help you build these skills.

## Pictures, pictures, pictures!



### The NY Academy Pediatric Trainee Night: March 19, 2009

Residents showing their certificates for presenting their research studies on pediatric trainee night.



### APPD Chief Residents' Retreat: April 3, 2009 Jacobi Medical Center

Both outgoing and incoming pediatric chief residents of Chapters 2 and 3 partake in this group discussion of experiences, challenges, expectations and words of wisdom.



### Happy residents from Chapter 2

To submit pictures from your residency program, please email Melissa at [Melissa.grageda@mssm.edu](mailto:Melissa.grageda@mssm.edu)

*Are you graduating from residency or fellowship this June? If your answer is yes, then you will soon be eligible to become a part of the*

## AAP Section on Young Physicians

When just starting pediatric practice, some young physicians may feel overwhelmed by new work situations, responsibilities, finances (including starting to pay back student loans), often young families, and finally getting a chance to get back into the hobbies that residency/fellowship put on hold. Nevertheless, the value of AAP membership cannot be overemphasized during this stage in your life. The AAP recognizes this challenging transition of "the new doctor," and provides valuable professional resources through the special section for Young Physicians.

### YP Guide to the AAP

Young physicians may find it difficult at first to see where they fit into the AAP. That is where the YP guide comes in. Refer to [www.ypguide-digital.com/ypguide/2008/?u1=texterity](http://www.ypguide-digital.com/ypguide/2008/?u1=texterity), in order to get the Young Physician's guide to the academy. Or go through the AAP member center login and navigate to the YP homepage at [www.aap.org/Sections/ypn/yp](http://www.aap.org/Sections/ypn/yp) in order to see all of the resources available to you as a section member.

### YP Guide for AAP Chapters

The best way to nurture connections to the AAP is through the chapters. Chapters have the best ability to determine the local needs of their members, connect geographically with those members, and provide a personal, local face to the AAP. Find the YP Guide for AAP Chapters at: [www.aap.org/sections/ypn/yp/other\\_resources/chapter\\_yp\\_guide.html](http://www.aap.org/sections/ypn/yp/other_resources/chapter_yp_guide.html).

### YP Academic Program at NCE

This year the section will host its second annual academic program on Sunday October 18<sup>th</sup> at the NCE in Washington DC titled "Not Your Dad's CME: Young Physicians Managing Work, Family, Future and Self." We encourage you to sign up for this event, and hope to see you there!

*For more information on the Section of Young Physicians, please contact our district representative:  
Adam Vella, MD, FAAP at [adamvella@mssm.edu](mailto:adamvella@mssm.edu)*





## District II: New York SOMSRFT Leadership



**Hina Talib**  
**District Coordinator**  
 New York Presbyterian Hospital (Cornell Campus)

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**Melissa Grageda**  
**Assistant District Coordinator**  
 Mount Sinai School of Medicine (Elmhurst)



### Chapter Delegates

### Residency Program Delegates

**Chapter 1**  
**Mundeep Kaur Kainth**  
 Albany Medical Center

SUNY Upstate Medical University	Sean Button
University at Buffalo	Michelle Mann
University of Rochester	Dana Work
Winthrop-University Hospital	Andrea Ali

**Chapter 2**  
**Chantal Keizer**  
 Woodhull Medical & Mental Health Center

Brooklyn Hospital Center:	Mukai Jaravaza
Flushing Hospital Medical Center:	Kapil Arya
Maimonides Medical Center	Hariprem Rajasekhar
Mount Sinai School of Medicine (Elmhurst)	Melissa Grageda
Nassau University Medical Center	Ana Swafford
New York Medical College (Richmond)	Pauline K. Mills
NSLIJHS-Schneider Children's Hospital	Kristina Melchert
SUNY Health Science Center at Brooklyn	Rose Karanicolas
SUNY at Stony Brook	Gary Fernando
Woodhull Medical & Mental Health Center	Moira Lancelot

**Chapter 3**  
**Jeannette Jakus**  
 Mount Sinai School of Medicine

Albert Einstein College of Medicine (Jacobi)	Julie Khlevner
Bronx-Lebanon Hospital Center	Adebayo Atolagbe
Harlem Hospital Center	Olivia Owusu-Boahen
Lincoln Medical and Mental Health Center	Jorge Bastos
Mount Sinai School of Medicine	Vinod Havalad
New York Medical College at Westchester Medical Ctr	Angela Lumba
New York Presbyterian Hospital (Columbia Campus)	Mahbod Mohazzebi
New York Presbyterian Hospital (Cornell Campus)	Hina Talib

**Would you like to write an article for SOMSRFT Report?**

If you would like to be a contributor for SMSRFT Report, please contact Hina ([hjt2001@nyp.org](mailto:hjt2001@nyp.org)) or Melissa ([melissa.grageda@mssm.edu](mailto:melissa.grageda@mssm.edu))